Personal Data

Name: Melodie J. Kolmetz, MPAS, PA-C, EMT-P

Birthplace: Batavia, NY Citizenship: USA

Contact Information

Home Address: 5303 Meadow Creek Lane; Honeoye, NY 14471

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Education

UNIVERSITY AT BUFFALO – BUFFALO, NY

January 2018-present; EdD, Learning and Teaching in Social Contexts

HARDIN-SIMMONS UNIVERSITY – ABILENE, TX

September 2022-July 2023; Gould Graduate Certificate in Human Anatomy

UNIVERSITY OF NEBRASKA MEDICAL CENTER – OMAHA, NE

January 2013-May 2015; M.P.A.S., Education Concentration

MONROE COMMUNITY COLLEGE - ROCHESTER, NY

January 2011-December 2012; A.A.S., With Distinction, Paramedic

ROCHESTER INSTITUTE OF TECHNOLOGY – ROCHESTER, NY

September 1993-May 1995; B.S., Magna Cum Laude, Physician Assistant

UNIVERSITY OF ROCHESTER – ROCHESTER, NY

September 1991-May 1993; Biology/Health & Society

Board Certifications

National Commission on Certification of Physician Assistants Certified #1030622 exp. 12/31/2024
National Registry of Emergency Medical Technicians Certified Paramedic #M5136652 exp. 3/31/2026
International Board of Specialty Certifications Certified Community Paramedic #425 exp. 04/30/2026
EMS Instructor Certification; National EMS Educator Certification, Inc. #202100012, exp. 10/8/2024
Certification Board of Infection Control & Epidemiology CIC® exp. 12/31/2027

Professional Licensures& Certifications

New York State License #005322 exp. 01/31/2025

New York State Dept. of Health Emergency Medical Technician-Paramedic #170856 exp. 05/31/2027

New York State EMS Certified Instructor Coordinator #4859 exp. 01/31/2025

Basic Disaster Life Support, National Disaster Life Support Foundation, exp. 3/2025

Advanced Disaster Life Support, National Disaster Life Support Foundation, exp. 5/2025

American Heart Association Basic Life Support (BLS) Instructor exp. 11/2024

International Trauma Life Support (ITLS) Instructor exp. 05/2025

Mental Health First Aid Instructor

Emergency Care and Safety Institute Instructor

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Physician Assistant (PA) Positions

PA Professional Positions

STRONG GERIATRICS GROUP - Rochester, NY

July 2022 - Present; Geriatrics Physician Assistant

Privileges at Highlands Living Center and M.E. Ewing Continuing Care Center

NORTHERN STAR MEDICAL FACILITY – Henrietta, NY

October 2015 – Present; per diem Occupational Medicine PA

ROCHESTER REGIONAL HEALTH – Rochester, NY

November 2019 – June 2022; Surgical Services-Mobile Wound Care PA

Privileges at Rochester General Hospital, Clifton Springs Hospital, Newark Wayne Hospital

HOWARD MERZEL, MD - Penfield, NY

August 2016 – June 2017; Gastroenterology PA

Privileges at Nicholas Noves Hospital & Highland Hospital

HIGHLAND HOSPITAL - Rochester, NY

June 2014 – August 2017; Gastroenterology PA

WORKFIT MEDICAL, LLC - Rochester, NY

January 2010 - February 2014; Occupational Medicine PA

Privileges at Jones Memorial Hospital, Clifton Springs Memoria Hospital, Western NY VA Medical Center

LAKESIDE URGENT CARE CENTER – Spencerport, NY

January 2008 - December, 200912312009; Urgent Care PA

LAKESIDE MEMORIAL HOSPITAL –Brockport, NY

November 1996-December 2012; per diem PA in Emergency Med., Hospitalist Med., Occ. Med.

UNITY HEALTH SYSTEM - Rochester, NY

April 2000 – December 2007; Family Medicine PA

EUGENE VER, M.D. – Brockport, NY

April 1996 – March 2000; Family Medicine PA

Privileges at Lakeside Memorial Hospital

THOMAS ARNONE, D.O. – Hamlin, NY

June 1995 – March 1996; Family Medicine PA

Privileges at Lakeside Memorial Hospital

PA Administrative Positions

NORTHERN STAR MEDICAL FACILITY – Henrietta, NY

August 2015 – Present; Clinical Director

WORKFIT MEDICAL, LLC - Rochester, NY

January 2010 - March 2014; Lead Provider/Clinical Manager

LAKESIDE URGENT CARE CENTER – Spencerport, NY

June 2009 - December 2010; Director of Urgent Care

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Public Safety Positions

Fire & EMS Professional Positions

LIVONIA EMERGENCY MEDICAL SERVICES – Livonia, NY

June 2021 – December 2022; per diem Paramedic

GATES VOLUNTEER AMBULANCE SERVICE, INC. - Gates, NY

May 2018 - April 2022; per diem Paramedic

GENESEE VALLEY EMERGENCY MEDICAL SERVICES - Caledonia, NY

August 2012 - February 2018; per diem Paramedic

BERGEN VOLUNTEER FIRE DEPARTMENT – Bergen, NY

January 2009 - December 2018; Volunteer Firefighter & Emergency Medical Technician

LAKESHORE FIRE DEPARTMENT – Greece, NY

September 1997 – December 2008; Volunteer Interior Firefighter & Emergency Medical Technician

BRIGHTON VOLUNTEER AMBULANCE - Brighton, NY

December 1991 – December 1996; Volunteer Emergency Medical Technician

Fire & EMS Administrative Positions

POINT PLEASANT FIRE DISTRICT - Irondequoit, NY

January 2023 – present; per diem NYS Certified Instructor Coordinator (CIC)

TOWN OF IRONDEQUOIT FIRE DISTRICT - Irondequoit, NY

January 2022 – present; per diem NYS Certified Instructor Coordinator (CIC)

IRONDEQUOIT AMBULANCE - Irondequoit, NY

January 2017 – present; per diem NYS Certified Instructor Coordinator (CIC)

MONROE MEDI-TRANS, INC. - Rochester, NY

November 2012 – present; per diem NYS Certified Instructor Coordinator (CIC)

EMS PLUMBLINE, LLC -Rochester, NY

August 2009 – present; per diem EMS Educator & Instructional Designer

CAREERCERT - Online

January 2021 – October 2023; per diem EMS Educator and Medical Advisory Board Member

LIVONIA EMERGENCY MEDICAL SERVICES – Livonia, NY

June 2021 - December 2022; Assistant Chief of Clinical Care, NYS Certified Instructor Coordinator (CIC)

LEROY AMBULANCE SERVICE, INC. -LeRoy, NY

September 2014 – December 2019; per diem NYS Certified Instructor Coordinator (CIC)

KENDALL VOLUNTEER FIRE DEPARTMENT – Irondequoit, NY

September 2013-January 2015; per diem NYS Certified Instructor Coordinator (CIC)

GENESEE VALLEY EMERGENCY MEDICAL SERVICES - Caledonia, NY

August 2012 – February 2018; per diem NYS Certified instructor Coordinator (CIC)

CENTRAL ORLEANS VOLUNTEER AMBULANCE - Albion, NY

September 2010-December 2013; per diem NYS Certified instructor Coordinator (CIC)

BERGEN VOLUNTEER FIRE DEPARTMENT – Bergen, NY

January 2009 – December 2018; Vice President, Safety Officer, Assistant Chief of EMS, EMS Lieutenant, Board of Directors Member, Boy Scouts of America Explorer Advisor

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LAKESHORE FIRE DEPARTMENT – Greece, NY

September 1997 – December 2008; President, Vice President, Secretary, Newsletter Editor, Board of Directors Member, Boy Scouts of America Explorer Advisor

BRIGHTON VOLUNTEER AMBULANCE - Brighton, NY

December 1991 – December 1996; Medic Trainer, Board of Directors Member

Academic Appointments

MONROE COMMUNITY COLLEGE –Rochester, NY (Per Diem)

August 2013 - present; Adjunct Faculty, Emergency Medical Services

ITHACA COLLEGE - Ithaca, NY

July 2020 - July 2022; Director of Didactic Education & Assistant Professor, Physician Assistant Program

ROCHESTER INSTITUTE OF TECHNOLOGY – Rochester, NY

February 2017 – June 2020; Assistant Professor, Physician Assistant Program

ROCHESTER INSTITUTE OF TECHNOLOGY - Rochester, NY

May 2003-May 2007 - Clinical Adjunct Faculty, Physician Assistant Program

GANNON UNIVERSITY – Erie, PA

January 2003-May 2007 – Preceptor, Physician Assistant Program

ARCADIA UNIVERSITY – Glenside, PA

January 2003-December 2004 – Preceptor, Physician Assistant Program

DAEMAN COLLEGE - Amherst, NY

January 2003-December 2003 – Preceptor, Physician Assistant Program

SUNY BROCKPORT – Brockport, PA

January 2003-December 2004 – Adjunct Clinical Faculty, Family Nurse Practitioner Program

ST. FRANCIS UNIVERSITY – Loretto, PA

January 1998-December 1998 – Preceptor, Physician Assistant Program

Certifications

Medical Education Courses

NAEMT Advanced Medical Life Support (AMLS) Instructor/Affiliate Faculty, Ret.

NAEMT Prehospital Trauma Life Support (PHTLS) Instructor/Affiliate Faculty, Ret.

Western Regional Emergency Medical Advisory Committee EMS Base Station Course

Mayo Clinic Spirometry Course

Federal DOT Drug Screen Collector/Trainer & Breath Alcohol Technician/Trainer

Educational Courses

Instructional Methods in Health Professions Education by University of Michigan on Coursera. Certificate earned on Tuesday, November 12, 2019.

Exploring Emerging Technologies for Lifelong Learning and Success by SUNY at Buffalo/Binghamton University on Coursera. Certificate earned on Friday, October 18, 2019.

Online Teaching Certificate by The Online Learning Consortium. Certificate earned February 26, 2019. Instructional Design Mastery Series by The Online Learning Consortium. Certificate earned December 18, 2018.

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Firefighting Certifications

NYS Office of Fire Prevention & Control Basic & Intermediate Firefighter

NYS Office of Fire Prevention & Control Hazardous Materials Operations

NYS Office of Fire Prevention & Control Emergency Vehicle Operations

NYS Office of Fire Prevention & Control Fire Police Training

NYS Office of Fire Prevention & Control Operatus Operator/Pump Operator

Monroe Community College Public Safety Incident Management

FEMA Emergency Management Institute Introduction to Incident Command System (ICS-100)

FEMA Emergency Management Institute Introduction to ICS for Health Care (ICS-100.HC)

FEMA Emergency Management Institute ICS for Single Resources (ICS-200)

FEMA Emergency Management Institute Applying ICS to Healthcare Org. (ICS-200.HC)

FEMA Emergency Management Institute Intermediate ICS for Expanding Incidents (ICS-300)

FEMA Emergency Management Institute ICS-National Training Curriculum (ICS-400)

FEMA Emergency Management Institute Introduction to NIMS (ICS-700)

FEMA Emergency Management Institute Intro. To National Response Framework (ICS-800)

FEMA Emergency Management Institute Introduction to Hazardous Materials (IC-00005.a)

FEMA Emergency Management Institute Active Shooter: What You Can Do (IS-907)

US Department of Homeland Security Active Shooter Preparedness Workshop

Professional Society Service

Professional Organization Membership

Fellow, American Academy of Physician Assistants #055517

Member, New York State Society of Physician Assistants #5747

Member, Rochester Regional Physician Assistant Association

Member, National Association of EMS Educators, #083820

Member, National Association of Mobile Integrated Healthcare Professionals

Professional Organization Activities

Item Reviewer, IBCS Community Paramedicine Exam, March 2023-Present

Item Reviewer, NCCPA, June 2023-Present

Peer Reviewer, MERLOT, September 2020-present

Peer Reviewer, Journal of American College Health, 2020-present

Peer Reviewer, International Journal of Mental Health, 2019-present

Scholarship Reviewer Grants and Scholarships Committee of the PA Foundation Board, 2018-present

AAPA PA Research Team, February 2017-Present

Peer Reviewer, Journal of the American Academy of Physician Assistants, 2016-present

PAEA General Surgery End of Rotation Exam Blueprint Review Workgroup, 2020

STEP Council of the Genesee Region, Secretary, Board of Directors, 2016-2023

Peer Reviewer, Physician Assistant Education Association Conference Presentations, 2018, 2019

Peer Reviewer, American Academy of Physician Assistants Conference Presentations, 2018

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Publications

Peer Reviewed Journal Articles

Kolmetz, M. "Stasis Dermatitis." JAAPA QRS Review for PAs. 2020; 40.

Print. Kolmetz, M. "Toxic Megacolon." JAAPA QRS Review for PAs. 2020; 150. Print.

Kolmetz, M. "5 Important Lessons I've Learned in Practice." Clinician Reviews. 28 (12), 16-17, 2018. Print.

Kolmetz M. Mental health first aid training. Journal of the American Academy of Physician Assistants.

2019;32(2):1-2. doi: 10.1097/01.jaa.0000552721.83241.d9

Kolmetz M. Back to the basics. Journal of the American Academy of Physician Assistants. 2018; 31(11):1-2. doi:10.1097/01.jaa.0000546483.87312.f9

Kolmetz M. Broaden Your Differential Diagnosis of Weakness in the Elderly. Journal of Emergency Medical Services. 2016;41(40):14-15.

Published Multimedia

Kolmetz, M. Musings of a Medical Type Person website. https://www.amedicaltypeperson.com/

Kolmetz, M. (2023). "EMDR: I signed up as a sceptic, I left as a convert." EMS1.

https://www.ems1.com/wellness-week/articles/emdr-i-signed-up-as-a-skeptic-i-left-as-a-convert-5tuOQA0tot9SbTdh/

Kolmetz, M. (2023). BLS Education in Obstetrics. EMS1 Academy.

Kolmetz, M. (2023). Abdominal Exam-Prehospital Settings. EMSPlumbline.

https://www.youtube.com/watch?v=1G_oKB1SG64&list=PLV6p3sQ_NqCOJSvS11AuFtbO5e6WIytjc.

ACLS.com. Understanding Secondary Trauma: The Impact of Witnessing Traumatic Events. 2022. https://acls.com/articles/understanding-secondary-trauma-the-impact-of-witnessing-traumatic-events/

120Compressions. Empowering Women in Healthcare. 2022. https://www.120compressions.com/podcasts

The EMS Podcast. Episode 15-Melodie Kolmetz. 2021.

https://emspod.buzzsprout.com/1263944/9347551-15-melodie-kolmetz

Gates Volunteer Ambulance. EMS Week Video. 2019. https://www.youtube.com/watch?v=qzyna-TrWDs&t=11s.

Kolmetz, M. (2019, June 30). Toxic People Chat [Twitter moment]. Retrieved from https://twitter.com/i/moments/1146133835358318593

Lange, C. and Kolmetz, M. (2017). https://www.totalem.org/emergency-professionals/podcast-68-end-of-life-discussions-with-melodie-kolmetz. Podcast. End of Life Discussions.

Peer Review/Editorial Activities

Chiumento, S. (2017). Prehospital Detective - Analyzing Clues to Enhance Patient Care. Rochester, NY: Sharon Chiumento.

Pollack, A. (2017). Community Health Paramedicine. 1st ed. Burlington: Jones & Bartlett Learning. Pediatrics and Reimbursement chapters.

PHTLS. (2016). 8th ed. Burlington: Jones & Bartlett Learning. Burn Injuries chapter.

Elling, B., Raheb, R., Faugh, R., Reeves, D. and Deavon, A. (2016). EMS vehicle operator safety. 1st ed. Burlington: Jones & Bartlett Learning. Driving Skills Course and Technological Aids chapter.

Funding

University at Buffalo Grad. School of Education Dept. of Learning and Inst. Scholarship, Spring 2021 Physician Assistant Foundation Mental Health Fellow, March 2018

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Other Professional Experience

Regional & National Service

Monroe-Livingston Regional EMS Advisory Committee-March 2022-January 2023

Central New York District Director, New York State Society of Physician Assistants, July 2021-July 2022 Honeoye Junior-Senior High School Parent Advisory Team, 2020-Present

New York State Department of Health Subject Matter Expert-Exam Writing Team, 2020-Present New York State Special Olympics Medical Services, 2018-Present

New York State Election Inspector/Election Coordinator, 2010-Present

Institutional Service

New York State Department of Health Emergency Medical Services Regional Faculty (Provisional)

Ithaca College School of Health Sciences and Human Performance NTEN Task Force

Ithaca College School of Health Sciences and Human Performance Curriculum Committee

Ithaca College PA Program Academic and Professional Performance Review Committee

RIT PA Program Admissions Committee

RIT PA Program Effectiveness Committee

RIT PA Program Didactic Education Committee

RIT PA Program Summative Exam Committee

Teaching Circle "The Learning Development of RIT Students," Spring 2020

Cub Scout Webelos Adventure First Responder Course, December 2019

Rochester Prep Capstone Project, Fall 2019

RIT Health Care Careers Exploration Camp, Summer 2019

RIT Medical Sciences Summer Camp Sessions 1 & 2, Summer 2019

RIT Summer Undergraduate Research Fellowship (SURF) Mentor, 2019

RIT General Education Committee Member, May 2019 – June 2020

CHST Curriculum Committee Member, May 2019- June 2020

Mental Health First Aid for Higher Education-RIT Student Health Center Staff, Spring 2019

Mental Health First Aid for Higher Education-RIT Public Safety Officers, Fall 2018

Teaching Circle "The Importance of Metacognition-Learning About Learning," Fall 2018

Teaching Circle "Using Active Learning to Foster Critical Thinking," Spring 2018

Classes Without Quizzes, "Becoming the Spontaneous Responder," October 2018

STEM career development program-Stop the Bleed, July 2017

Scholastic Honors

URMC Geriatrics Group APP Educator of the Year, May 2023

RIT Richard and Virginia Eisenhart Provost's Award for Excellent in Teaching Nominee, 2018 & 2019

RIT Teaching and Learning Services (TLS) Faculty Scholarship to Online Learning Consortium (OLC) Instructional Design Mastery Series, October 2018

RIT Teaching and Learning Services (TLS) Faculty Scholarship to Online Learning Consortium (OLC) Online Teaching Certificate, April 2018

Dynarex First Responder Caring Award Nominee-October 2017

Monroe-Livingston Regional Emergency Medical Services Council EMS Educator of Excellence, 2015

Byron-Bergen High School Hall of Fame Inductee

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Teaching Service

Academic Courses Taught

Clinical Assessment I (PASG 60610)

Clinical Integration (PHYA.520; 2165, 2176, 2185, 2195)

Clinical Medicine I (PHYA.422; 2171, 2181, 2191)

Clinical Laboratory Medicine (PHYA.409; 2171, 2181, 2191)

Patient Care (MEDS.333; 2185, 2195)

Academic Guest Educational Lectures

"Mental Health Crisis Interventions" Drexel University, May 2022, and May 2023

"Becoming the Leader that You Would Want to Follow" PASG 61100, January 12, 2022

RIT Biomedical Sciences Camp, CPR, First Aid, AED, Stop the Bleed, July 2019

NTID Biomedical Sciences Camp, Cardiovascular A & P/Pathophysiology, July 2019

Guest lecture, "Obtaining a Quality EKG Tracing" EXSC.440, April 2018, March 2019

Guest lecture, "The Town That Caught Tourette's" PHYA.729, April 2018, April 2019

Guest Lecture, "Case-Based Cardiology Review" PHYA.761, June 2017, August 2018, August 2019

Other Educational Activities

Core Content-NYS DOH, Livingston County, NY, Spring 2020

Mental Health First Aid for Law Enforcement, Various Sites in Western, NY 2019-Present

Mental Health First Aid for Fire & EMS, Various Sites in Western NY, 2018-Present

Mental Health First Aid for Adults, Various Sites in Western NY, 2018-Present

Lorenz, A., Kolmetz, M. & Taylor, T. "Depressive Disorders." EMS Plumbline Podcast. (2018).

Test Bank Question Consultant. Paeasy.com. (2018, 2019). PAEasy. [online] Available at: https://www.paeasy.com/paeasy.

Kolmetz, M. "Anxiety Disorders for EMS." EMS Plumbline Online Educational Module. http://emsplumbline.com/. (2018).

Kolmetz, M. "Gastroenterology Emergencies for EMS." EMS Plumbline Online Educational Module. http://emsplumbline.com/. (2017).

Peer Reviewed Presentations

"IPEC Core Competencies." Wisconsin EMS Association Conference. January 31, 2024.

"All Behavioral Health Therapies Are Not Created Equal." Wisconsin EMS Association Conference. January 31, 2024.

"Timed Up & Go (TUG)-An Assessment of Mobility & Maybe More." Wisconsin EMS Association Conference. February 1, 2024.

"AHRQ/IHI Quality Improvement Essentials Toolkit" NAMI-HP EMS World Pre-conference, September 18, 2023

"Timed Up & Go (TUG)-An Assessment of Mobility & Maybe More" NAMI-HP Summit. March 17, 2023. "IPEC Core Competencies" NAMI-HP Summit. March 16, 2023.

"All Behavioral Health Therapies Are Not Created Equal" Vital Signs Academy, March 9, 2023

"Becoming the Leader That You Would Want to Follow "Vital Signs, Albany, NY October 2022

"Mindfulness in Medical Education and Patient Care" Vital Signs, Albany, NY October 2022

"IPV for EMS Providers" NYS Association of Fire Chiefs Conference, Syracuse, NY, June 2022

"Becoming the Leader that You Would Want to Follow" National Association of Mobile Integrated Healthcare Providers Leadership Summit, Virtual, April 2022

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- "Suicide Prevention and Harm Reduction" STEP Conference, Rochester, NY, April 2022
- "Mindfulness in Medical Education and Patient Care" STEP Conference, Rochester, NY, April 2022
- "Mindfulness in Medical Education and Patient Care" Vital Signs Academy, Virtual, February 2022
- "Aligning Educational Activities, Assessments, and Outcomes" EMSPro, Mashantucket, CT, October 2021
- "Metacognitive Activities for the EMS Educator" EMSPro, Mashantucket, CT, October 2021
- "Overview of Intimate Partner Violence for EMS Providers," CareerCert, October 2021
- "Using Principles of Trauma Informed Care in Your Educational Practice," PAEA Forum, October 2021
- "Overview of Intimate Partner Violence for EMS Providers," Pulse Check, October 2021
- "Motivational Interviewing Techniques for EMS," Pulse Check, October 2021
- "Hiding in Plain Sight: Implicit Bias for EMS Providers," Pulse Check, October 2021
- "Intimate Partner Violence Awareness for EMS," NYS DOH EMS Vital Signs Academy, September 2021
- "Tubes, Lines, and Drains, Oh My," FIRE 2021, Syracuse, NY, June 2021
- "Managing Mental Health Crisis Interventions as First Responders," CareerCert, May 2021
- "Overview of Trauma-Informed Care for EMS," NYS DOH EMS Vital Signs Academy, April 2021
- "Revisiting Vaccines," NYS DOH EMS Vital Signs Academy, January 2021
- "Discussing Differential Diagnosis," NYS DOH EMS Vital Signs Academy, November 2020
- "Overview of Pressure Ulcers for EMS," NYS DOH EMS Vital Signs Academy, October 2020
- "Firefighter Fitness Prescription: Reducing Cardiovascular Disease Risk in Volunteer Firefighters Through Exercise" AAPA ePosters 2020, Virtual, June 2020
- "Mental Health for the EMT" STEP Conference, Rochester, NY, April 2020
- "Adult Mental Health First Aid" NYS Physician Assistant Association, Albany, NY, October 2019
- "Mental Health First Aid for Fire & EMS" NYS Health Department, Buffalo, NY, October 2019
- "Crisis First Aid for Depressed/Suicidal Patients" STEP Conference, Rochester, NY, March 2019
- "Non-Crisis First Aid for Depression/Anxiety" STEP Conference, Rochester, NY, March 2019
- "Crisis First Aid for Traumatic Events" STEP Conference, Rochester, NY March 2019
- "Crisis First Aid for Acute Psychosis" STEP Conference, Rochester, NY, March 2019
- "Geriatric First Aid" NYS Physician Assistant Association Annual Conference, Albany, NY, October 2018 "EdTech for MedEd" Ithaca College Educational Technology Day, March 2018
- "Beyond SAMPLE & OPORST, History-Taking for EMS" MLREMS, Rochester, NY, April 2017
- "Defensive Tactics for EMS Personnel" MLREMS, Rochester, NY, April 2016
- "Alcohol Withdrawal-Not Enough of a Bad Thing" STEP Conference, Rochester, NY, April 2016

Other Educational Presentations

- "Trauma-Informed Care for EMS," Perinton Ambulance, April 2021
- "The White Helmets" RIT Global Health Association Panel Discussion, November 2019
- "Ed Tech for EMS Educators." NYS DOH EMS Educator Update, Buffalo, NY, April 2019
- "Activities, Assessments, Outcomes." NYS DOH EMS Educator Update, Buffalo, NY, April 2019
- "Learning Styles." NYS DOH EMS CLI Course, Buffalo, NY, December 2018
- "Teaching Psychomotor Skills." NYS DOH EMS CLI Course, Buffalo, NY, December 2018
- "GI Diagnoses for the Paramedic." Irondequoit Ambulance. May 2018
- "Lesson Planning." NYS DOH EMS CIC Course, Batavia, NY, March 2018
- "Classroom Design." NYS DOH EMS CIC Course, Batavia, NY, March 2018
- "Presentation Technology." NYS DOH EMS CIC Course, Batavia, NY, March 2018 "OB Emergencies for the Paramedic." Irondequoit Ambulance. October 2017

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"LVAD Familiarization." Genesee Valley Emergency Medical Services, Caledonia, NY, March 2017

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[&]quot;Department of Transportation Reasonable Suspicion for Supervisors" WorkFit Medical, LLC, 2010

[&]quot;Ergonomics in the Workplace" WorkFit Medical, LLC, for OXBO International, Byron, NY, 2011

[&]quot;Hypertension" WorkFit Medical, LLC, for OXBO International, Byron, NY, 2013

[&]quot;Healthy Lifestyles" WorkFit Medical, LLC, for OXBO International, Byron, NY, 2014